

# IL BALLARINO

("THE DANCING MASTER")

## The Art of Renaissance Dance

Learn authentic Renaissance court dances – and the gestures and step vocabulary associated with them – from Il Ballarino, the first instructional DVD of its kind.

Watch as steps are demonstrated and described, reconstructed by noted dance historian Julia Sutton from dance materials of the 16th century Italian masters Fabritio Caroso and Cesare Negri. Then see both couple and group dances performed in full costume, accompanied by period musical instruments.

### PROGRAM

Introduction

Glossary

Demonstration of Steps

A dance for two: *So Ben Mi Chi Ha Buon Tempo*

("I Know Who Is Having a Good Time")

A dance for three: *Allegrezza d'Amore* ("The Joys of Love")

A dance for four couples: *La Caccia d'Amore* ("The Hunt of Love")

*Julia Sutton, Ph.D.*, chaired the New England Conservatory of Music's history/musicology department for more than twenty years and was also director of the Collegium Terpsichore. She is now involved full-time in dance research, reconstruction and performances.

*Patricia Rader* (performer) has been specializing in the performance, teaching and choreographing of historical dance since 1975 in the Court Dance Company of New York and at Mannes College of Music, among other places.

*Charles Perrier* (performer) has been a historical dancer, choreographer and teacher since he joined San Francisco's Court Revels in 1970. He has appeared in the Pennsylvania Orchestra's "Renaissance Revisited" and was in the national tour of *This Wooden O*, sponsored by Shakespeare Globe Center and televised by the BBC.

Musicians: *Tom Zajac* (recorder, flute, percussion instruments); *Grant Herreid* (lute); *Karen Hansen* (violin); *Paul Shipper* (plucked instruments). All are recognized specialists in early music.

Directed by Julia Sutton and Johannes Holub

33 minutes, color, First Dance Horizons release 1991. The copyright proprietor has licensed the program contained on this DVD for private use only, and prohibits any other use, copying, or performance in public in whole or part.

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#### Dance Horizons DVD

Princeton Book Company, Publishers  
614 Route 130, Hightstown, NJ 08540  
www.dancehorizons.com  
1-800-220-7149

ISBN 978-0-87127-321-5



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## THE ART OF RENAISSANCE DANCE

Narrated  
by *Julia Sutton*